Taken as a whole the CPD you present should show how you have taken reasonable steps to maintain your competence in all parts of your practice area, and across the full range of competence elements.  Achievement is assessed on the learning and its application, **NOT** the total hours spent. However unless at least 50 hours per year of good quality CPD is undertaken it may be difficult to meet the standard.

List in chronological order the professional development activities you have undertaken in the last **THREE** years (or since your last assessment if undertaking a continued registration assessment) to enhance or maintain your current knowledge or skills.

| **Name of Applicant:** |  | **Membership/Registration Number :**  |  |
| --- | --- | --- | --- |
| **Description of activity and learning.** **Please record when it occurred, the actual time spent; form of activity (eg. short course, conference, reading, technical lectures, formal study towards qualification, research, discussion groups, workshops, symposia, voluntary service roles); title (if applicable); and describe the benefit to your practice.** | **Tick the relevant areas of general learning (as appropriate)** | **Formal Assessment Involved Y/N and outcome** |
| **1.Knowledge** | **2.Local Knowledge** | **3. Define problems** | **4. Design solutions** | **5. Responsibility** | **6. Management** | **7. Risk** | **8. Ethics** | **9. Recognise Effects**  | **10. Communication** | **11. Maintain currency** | **12. Judgement**  |
| **Date(s)** | **Actual Hours**  | **Form of Activity** | **Title** | **What did you learn?** **What are the benefits to your practice?** |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|       |       |       |       |       | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  | [ ]  |       |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |